|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| Norrtälje Simklubbs Topp Tolv 2016-01-01 | | | | | | | |
| 50m Frisim | | | | | | | |
| 1 | Martin Magnusson | 0:24.79 | 2015 | 1 | Kia Kilpinen | 0:27.41 | 2011 |
| 2 | Adam Alstermark | 0:24.99 | 2015 | 2 | Emma Karell | 0:27.73 | 2011 |
| 3 | Lars Kvarfordh | 0:25.4 | 1974 | 3 | Stina Gardell | 0:27.77 | 2004 |
| 4 | Jan Andersson | 0:25.5 | 1984 | 4 | Sofie Gardell | 0:27.79 | 2004 |
| 5 | Rickard Djupman | 0:25.8 | 1983 | 5 | Tove Magnusson | 0:27.9 | 1985 |
| 6 | Jonas Eklund | 0:25.93 | 2014 | 6 | Cecilia Eriksson | 0:28.5 | 1980 |
| 7 | Tobias Westholm | 0:25.94 | 2013 | 7 | Sara Rapp | 0:28.60 | 2003 |
| 8 | Tomas Einarsson | 0:26.1 | 1988 | 8 | Irené Ronneberg | 0:28.75 | 2003 |
| 9 | Per Andersson | 0:26.2 | 1981 | 9 | Monica Alfredsson | 0:28.76 | 2005 |
| 10 | Ulf Gustavsson | 0:26.3 | 1994 | 10 | Rebecca Rüdén | 0:28.83 | 2012 |
| 11 | Johan Levin | 0:26.39 | 2007 | 11 | Stefanie Forslund | 0:28.92 | 2001 |
| 12 | Lars Göran Gellbäck | 0:26.4 | 1964 | 12 | Ulrika Jansson | 0:29.2 | 1984 |
| 100m Frisim | | | | | | | |
| 1 | Martin Magnusson | 0:55.15 | 2015 | 1 | Stina Gardell | 0:59.21 | 2004 |
| 2 | Jan Andersson | 0:55.7 | 1983 | 2 | Emma Karell | 0:59.22 | 2011 |
| 3 | Adam Alstermark | 0:55.90 | 2013 | 3 | Sofie Gardell | 0:59.51 | 2004 |
| 4 | Lars Kvarfordh | 0:56.0 | 1975 | 4 | Tove Magnusson | 1:00.0 | 1986 |
| 5 | Mats Nilsson | 0:56.7 | 1981 | 5 | Monica Alfredsson | 1:01.43 | 2005 |
| 6 | Tomas Einarsson | 0:56.8 | 1987 | 6 | Irené Ronneberg | 1:02.02 | 2003 |
| 7 | Jonas Eklund | 0:56.82 | 2007 | 7 | Johanna Johansson | 1:02.5 | 1996 |
| 8 | Rickard Djupman | 0:57.2 | 1989 | 8 | Emelie Rudert | 1:02.64 | 2013 |
| 9 | Tobias Westholm | 0:57.22 | 2012 | 9 | Susanne Ackum | 1:03.0 | 1975 |
| 10 | Per Andersson | 0:57.3 | 1978 | 10 | Malin Andersson | 1:03.4 | 1996 |
| 11 | Ulf Gustavsson | 0:57.9 | 1994 | 11 | Kia Kilpinen | 1:03.45 | 2010 |
| 12 | Patrik Ferngren | 0:58.4 | 1998 | 12 | Rebecca Rüdén | 1:03.74 | 2011 |
| 200m Frisim | | | | | | | |
| 1 | Martin Magnusson | 1:59.13 | 2015 | 1 | Emma Karell | 2:07.11 | 2011 |
| 2 | Jan Andersson | 2:02.2 | 1982 | 2 | Stina Gardell | 2:08.57 | 2004 |
| 3 | Jonas Eklund | 2:04.78 | 2006 | 3 | Monica Alfredsson | 2.12.46 | 2005 |
| 4 | Patrik Ferngren | 2:04.8 | 1998 | 4 | Sofie Gardell | 2:12.66 | 2004 |
| 5 | Mats Nilsson | 2:05.1 | 1981 | 5 | Tove Magnusson | 2:12.9 | 1985 |
| 6 | Henrik Forslund | 2:06.3 | 2001 | 6 | Emelie Rudert | 2:16.37 | 2012 |
| 7 | Adam Alstermark | 2:06.42 | 2012 | 7 | Ulrika Jansson | 2:17.8 | 1986 |
| 8 | Tomas Einarsson | 2:06.5 | 1985 | 8 | Maria Nordberg | 2:18.2 | 1985 |
| 9 | Henrik Forslund | 2:07.3 | 1999 | 9 | Maria Tholen | 2:18.7 | 1985 |
| 10 | Ulf Gustavsson | 2:07.5 | 1987 | 10 | Rebecca Rüdén | 2:18.72 | 2011 |
| 11 | Per Andersson | 2:08.8 | 1978 | 11 | Johanna Johansson | 2:19.2 | 1995 |
| 12 | Tobias Westholm | 2:09.11 | 2012 | 12 | Åsa Puolakainen | 2:19.9 | 1983 |
| 400m Frisim | | | | | | | |
| 1 | Jan Andersson | 4:22.8 | 1981 | 1 | Emma Karell | 4:31.21 | 2010 |
| 2 | Martin Magnusson | 4:24.40 | 2014 | 2 | Stina Gardell | 4:33.37 | 2004 |
| 3 | Tomas Einarsson | 4:26.3 | 1986 | 3 | Monica Alfredsson | 4:39.79 | 2006 |
| 4 | Patrik Ferngren | 4:26.4 | 1998 | 4 | Ulrika Jansson | 4:44.4 | 1985 |
| 5 | Jonas Eklund | 4:27.32 | 2006 | 5 | Tove Magnusson | 4:46.6 | 1986 |
| 6 | Ulf Gustavsson | 4:30.4 | 1988 | 6 | Sofie Gardell | 4:47.77 | 2004 |
| 7 | Henrik Forslund | 4:33.9 | 2001 | 7 | Johanna Zetterström | 4:49.49 | 2015 |
| 8 | Per Andersson | 4:34.9 | 1979 | 8 | Maria Nordberg | 4:50.2 | 1985 |
| 9 | Mats Nilsson | 4:35.9 | 1980 | 9 | Susanne Ackum | 4:52.0 | 1975 |
| 10 | Rickard Djupman | 4:38.3 | 1983 | 10 | Maria Zetterqvist | 4:53.6 | 1980 |
| 11 | Anders Törnqvist | 4:39.3 | 1980 | 11 | Emelie Rudert | 4:54.64 | 2012 |
| 12 | Oscar Elfving | 4:43.54 | 2008 | 12 | Lena Andersson | 4:54.9 | 1981 |
|  |  |  |  |  |  |  |  |
| 800m Frisim | | | | | | | |
| 1 | Tomas Einarsson | 09:17.2 | 1985 | 1 | Stina Gardell | 09:23.84 | 2004 |
| 2 | Jonas Eklund | 09:18.32 | 2006 | 2 | Susanne Ackum | 09:40.8 | 1975 |
| 3 | Ulf Gustavsson | 09:27.3 | 1986 | 3 | Ulrika Jansson | 09:45.9 | 1985 |
| 4 | Jan Andersson | 09:34.9 | 1980 | 4 | Emma Karell | 09:46.38 | 2008 |
| 5 | Per Andersson | 09:43.2 | 1977 | 5 | Johanna Zetterström | 09:52.31 | 2015 |
| 6 | Mats Nilsson | 09:44.6 | 1980 | 6 | Tove Magnusson | 09:54.6 | 1985 |
| 7 | Rickard Djupman | 09:50.0 | 1983 | 7 | Monica Alfredsson | 09:56.35 | 2005 |
| 8 | Anders Törnqvist | 09:55.1 | 1978 | 8 | Rebecca Rüdén | 10:06.65 | 2011 |
| 9 | Oscar Elfving | 09:59.83 | 2009 | 9 | Lena Andersson | 10:07.4 | 1981 |
| 10 | Peter Ronquist | 10:09.64 | 2004 | 10 | Maria Nordberg | 10:14.4 | 1986 |
| 11 | Mattias Pers | 10:10.22 | 2006 | 11 | Åsa Puolokainen | 10:17.4 | 1982 |
| 12 | Lars Kvarfordh | 10:12.6 | 1972 | 11 | Johanna Eklund | 10:17.4 | 2001 |
| 1500m Frisim | | | | | | | |
| 1 | Tomas Einarsson | 17:36.2 | 1986 | 1 | Emma Karell | 18:06.28 | 2010 |
| 2 | Henrik Forslund | 17:59.9 | 1999 | 2 | Sofie Gardell | 18:48.26 | 2004 |
| 3 | Ulf Gustavsson | 18:00.7 | 1987 | 3 | Ulrika Jansson | 18:52.9 | 1985 |
| 4 | Jan Andersson | 18:08.9 | 1982 | 4 | Lena Andersson | 19:02.9 | 1981 |
| 5 | Patrik Ferngren | 18:09.4 | 1998 | 5 | Monica Alfredsson | 19:16.17 | 2004 |
| 6 | Jonas Eklund | 18:20.81 | 2007 | 6 | Tove Magnusson | 19:19.4 | 1985 |
| 7 | Martin Magnusson | 18:33.53 | 2013 | 7 | Rebecca Rüdén | 19:25.02 | 2012 |
| 8 | Oscar Elfving | 18:37.94 | 2008 | 8 | Åsa Puolakainen | 19:28.8 | 1982 |
| 9 | Anders Törnqvist | 18:39.4 | 1978 | 9 | Maria Zetterqvist | 19:29.7 | 1979 |
| 10 | Mats Nilsson | 18:44.6 | 1980 | 10 | Anette Olsson | 19:34.7 | 1981 |
| 11 | Rickard Djupman | 18:52.3 | 1983 | 11 | Johanna Zetterström | 19:37.36 | 2015 |
| 12 | Per Andersson | 18:53.1 | 1977 | 12 | Maria Nordberg | 19:42.0 | 1986 |
| 50m Bröstsim | | | | | | | |
| 1 | Adam Alstermark | 0:30.72 | 2014 | 1 | Fanny Reuterswärd | 0:34.52 | 2004 |
| 2 | Martin Magnusson | 0:30.85 | 2015 | 2 | Kia Kilpinen | 0:35.01 | 2011 |
| 3 | Kevin Fahlström | 0:33.89 | 2015 | 3 | Sofie Gardell | 0:35.86 | 2004 |
| 4 | Tobias Westholm | 0:34.64 | 2014 | 4 | Emma Karell | 0:36.65 | 2010 |
| 5 | Adam Karlsson | 0:35.36 | 2015 | 5 | Elin Isaksson | 0:37.82 | 2006 |
| 6 | Jonas Eklund | 0:35.42 | 2004 | 6 | Micaela Nygren-Ring | 0:38.07 | 2007 |
| 7 | Fredrik Ronnerberg | 0:35.97 | 2004 | 7 | Stina Gardell | 0:38.18 | 2004 |
| 8 | Christian Hansson-Bergén | 0:36.71 | 2003 | 8 | Malin Österman | 0:38.66 | 2012 |
| 9 | Johan Levin | 0:36.72 | 2007 | 9 | Fanny Alstermark | 0:38.70 | 2013 |
| 10 | Robert Ahlbom | 0:37.04 | 2010 | 10 | Sara Rapp | 0:39.18 | 2005 |
| 11 | Christer Andersson | 0:37.29 | 2011 | 11 | Monica Alfredsson | 0:39.82 | 2004 |
| 12 | Henrik Persson | 0:37.36 | 2010 | 12 | Emma Persson | 0:40.00 | 2012 |
| 100m Bröstsim | | | | | | | |
| 1 | Adam Alstermark | 1:07.59 | 2012 | 1 | Fanny Reuterswärd | 1:16.15 | 2003 |
| 2 | Anders Törnqvist | 1:08.6 | 1980 | 2 | Malin Andersson | 1:17.7 | 1995 |
| 3 | Martin Magnusson | 1:09.64 | 2015 | 3 | Emma Karell | 1:17.85 | 2010 |
| 4 | Lars Kvarfordh | 1:12.0 | 1976 | 4 | Stina Gardell | 1:17.96 | 2004 |
| 5 | Jan Andersson | 1:12.2 | 1982 | 5 | Sofie Gardell | 1:18.80 | 2004 |
| 6 | Ulf Gustavsson | 1:14.1 | 1993 | 6 | Maria Tholen | 1:22.0 | 1984 |
| 7 | Robin Edlund | 1:14.6 | 1998 | 7 | Irené Ronneberg | 1:22.40 | 2003 |
| 8 | Fredrik Ronnerberg | 1:14.87 | 2004 | 8 | Camilla Jansson | 1:22.4 | 1984 |
| 9 | L-G Gellbäck | 1:15.0 | 1969 | 9 | Fanny Alstermark | 1:22.67 | 2013 |
| 10 | Staffan Persson | 1:16.1 | 1970 | 10 | Li Waltersson | 1:22.7 | 1985 |
| 11 | Christian Hansson-Bergén | 1:16.62 | 2004 | 11 | Maria Nyberg | 1:23.3 | 1981 |
| 12 | Tobias Westholm | 1:16.95 | 2013 | 12 | Malin Österman | 1:23.31 | 2011 |
|  |  |  |  |  |  |  |  |
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|  |  |  |  |  |  |  |  |
| 200m Bröstsim | | | | | | | |
| 1 | Adam Alstermark | 2:36.59 | 2012 | 1 | Malin Andersson | 2:50.2 | 1995 |
| 2 | Anders Törnqvist | 2:37.1 | 1978 | 2 | Emma Karell | 2:51.63 | 2009 |
| 3 | Lars Kvarfordh | 2:37.8 | 1972 | 3 | Fanny Reuterswärd | 2:51.77 | 2003 |
| 4 | Martin Magnusson | 2:39.00 | 2015 | 4 | Camilla Jansson | 2:57.1 | 1984 |
| 5 | Robin Edlund | 2:42.0 | 1998 | 5 | Annica Eriksson | 2:57.8 | 1963 |
| 6 | Jan Andersson | 2:44.4 | 1981 | 6 | Ulrika Jansson | 2:59.7 | 1985 |
| 7 | Ulf Gustavsson | 2:45.0 | 1995 | 7 | Maria Tholen | 2:59.9 | 1984 |
| 8 | L-G Gellbäck | 2:45.1 | 1969 | 8 | Fanny Alstermark | 3:00.26 | 2013 |
| 9 | Fredrik Ronnerberg | 2:45.55 | 2004 | 9 | Li Waltersson | 3:00.4 | 1985 |
| 10 | Christian Hansson-Bergén | 2:47.92 | 2004 | 10 | Monica Alfredsson | 3:00.77 | 2004 |
| 11 | Rickard Djupman | 2:48.9 | 1983 | 11 | Elin Isaksson | 3:01.25 | 2005 |
| 12 | Jonas Eklund | 2:48.92 | 2004 | 12 | Emma Persson | 3:01.53 | 2011 |
| 50m Ryggsim | | | | | | | |
| 1 | Martin Magnusson | 0:29.42 | 2014 | 1 | Stina Gardell | 0:31.61 | 2004 |
| 2 | Jonas Eklund | 0:30.14 | 2008 | 2 | Sofie Gardell | 0:31.93 | 2004 |
| 3 | Tobias Westholm | 0:30.34 | 2014 | 3 | Emma Karell | 0:32.36 | 2009 |
| 4 | Robert Dolama | 0:30.49 | 2015 | 4 | Tina Lindberg | 0:33.22 | 2006 |
| 5 | Adam Alstermark | 0:30.96 | 2013 | 5 | Alva Westling | 0:33.93 | 2015 |
| 6 | Elias Folkesson | 0:31.02 | 2015 | 6 | Monica Alfredsson | 0:33.96 | 2005 |
| 7 | Nicklas Granat | 0:31.49 | 2004 | 7 | Rebecca Rüdén | 0:34.82 | 2012 |
| 8 | Henrik Persson | 0:33.00 | 2011 | 8 | Katja Svarfvar | 0:35.32 | 2012 |
| 9 | Tim Johansson | 0:33.07 | 2009 | 9 | Fanny Alstermark | 0:35.45 | 2012 |
| 10 | Oscar Elfving | 0:33.08 | 2009 | 10 | Johanna Eklund | 0:35.76 | 2001 |
| 11 | Fredrik Ronnerberg | 0:33.50 | 2004 | 11 | Michelle Jacobi | 0:35.93 | 2012 |
| 12 | Andreas Ericsson | 0:33.55 | 2003 | 12 | Cecilia Hedlund | 0:36.16 | 2005 |
| 100m Ryggsim | | | | | | | |
| 1 | Jonas Eklund | 1:03.25 | 2007 | 1 | Stina Gardell | 1:07.28 | 2004 |
| 2 | Adam Alstermark | 1:05.78 | 2013 | 1 | Sofie Gardell | 1:07.28 | 2004 |
| 3 | Elias Folkesson | 1:07.10 | 2015 | 3 | Emma Karell | 1:08.63 | 2008 |
| 4 | Martin Magnusson | 1:07.81 | 2014 | 4 | Monica Alfredsson | 1:10.91 | 2005 |
| 5 | Hans Malmgren | 1:08.2 | 1963 | 5 | Åsa Puolakainen | 1:11.3 | 1985 |
| 5 | Tobias Westholm | 1:08.50 | 2013 | 6 | Tina Lindberg | 1:11.78 | 2006 |
| 5 | Ulf Gustavsson | 1:08.5 | 1995 | 7 | Susanne Ackum | 1:12.5 | 1975 |
| 8 | Mikael Dahlberg | 1:08.5 | 1977 | 8 | Tove Magnusson | 1:12.6 | 1986 |
| 9 | Jan Andersson | 1:08.8 | 1982 | 9 | Gunilla Lundqvist | 1:13.0 | 1963 |
| 10 | Nils-Göran Een | 1:08.9 | 1970 | 10 | Rebecca Rüdén | 1:14.29 | 2012 |
| 11 | Mats Nilsson | 1:09.4 | 1981 | 11 | Alva Westling | 1:14.75 | 2015 |
| 12 | Patrik Ferngren | 1:09.9 | 1996 | 12 | Christina Dahlgren | 1:14.9 | 1966 |
| 200m Ryggsim | | | | | | | |
| 1 | Jonas Eklund | 2:16.14 | 2007 | 1 | Sofie Gardell | 2:27.49 | 2004 |
| 2 | Martin Magnusson | 2:24.30 | 2014 | 2 | Stina Gardell | 2:28.76 | 2004 |
| 3 | Rickard Djupman | 2:28.3 | 1983 | 3 | Emma Karell | 2:29.57 | 2010 |
| 4 | Ulf Gustavsson | 2:29.3 | 1995 | 4 | Susanne Ackum | 2:33.1 | 1975 |
| 5 | Mikael Dahlberg | 2:29.4 | 1978 | 5 | Tina Lindberg | 2:35.37 | 2006 |
| 6 | Patrik Ferngren | 2:31.4 | 1996 | 6 | Monica Alfredsson | 2:35.55 | 2005 |
| 7 | Oscar Elfving | 2:31.74 | 2008 | 7 | Åsa Puolakainen | 2:37.3 | 1982 |
| 8 | Mats Nilsson | 2:32.3 | 1981 | 8 | Gunilla Lundqvist | 2:39.0 | 1964 |
| 9 | Hans Malmgren | 2:32.6 | 1962 | 9 | Tove Magnusson | 2:40.7 | 1986 |
| 10 | Tomas Einarsson | 2:33.0 | 1986 | 10 | Alva Westling | 2:41.85 | 2015 |
| 11 | Nils-Göran Een | 2:33.7 | 1968 | 11 | Christina Dahlgren | 2:43.0 | 1966 |
| 12 | Andreas Ericson | 2:34.63 | 2002 | 12 | Rebecca Rüdén | 2:43.20 | 2011 |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
| 50m Fjärilsim | | | | | | | |
| 1 | Martin Magnusson | 0:27.42 | 2015 | 1 | Sofia Gardell | 0:29.59 | 2004 |
| 2 | Tobias Westholm | 0:27.60 | 2015 | 2 | Kia Kilpinen | 0:29.61 | 2011 |
| 3 | Adam Alstermark | 0:28.31 | 2015 | 3 | Emma Karell | 0:30.39 | 2010 |
| 4 | Adam Karlsson | 0:28.73 | 2015 | 4 | Stina Gardell | 0:31.34 | 2004 |
| 5 | Jonas Eklund | 0:29.20 | 2008 | 5 | Monica Alfredsson | 0:31.50 | 2006 |
| 6 | Elias Folkesson | 0:29.57 | 2015 | 6 | Fanny Reuterswärd | 0:32.11 | 2002 |
| 7 | Oscar Elfving | 0:29.84 | 2009 | 7 | Emma Persson | 0:32.54 | 2011 |
| 8 | Mattias Pers | 0:29.87 | 2007 | 8 | Rebecca Rüdén | 0:32.94 | 2012 |
| 9 | Mattias Toivonen | 0:30.12 | 2000 | 9 | Sara Rapp | 0:33.10 | 2005 |
| 10 | Nicklas Granat | 0:30.51 | 2006 | 10 | Fanny Alstermark | 0:33.23 | 2013 |
| 11 | Robert Ahlbom | 0:30.92 | 2010 | 11 | Tina Lindberg | 0:33.47 | 2007 |
| 12 | Johan Levin | 0:31.28 | 2006 | 12 | Johanna Eklund | 0:33.59 | 2000 |
| 100m Fjärilsim | | | | | | | |
| 1 | Martin Magnusson | 1:01.38 | 2015 | 1 | Emma Karell | 1:05.33 | 2010 |
| 2 | Tobias Westholm | 1:02.32 | 2013 | 2 | Sofie Gardell | 1:06.25 | 2004 |
| 3 | Jan Andersson | 1:03.6 | 1982 | 3 | Stina Gardell | 1:08.14 | 2004 |
| 4 | Jonas Eklund | 1:05.05 | 2007 | 4 | Tove Magnusson | 1:09.2 | 1985 |
| 5 | Tomas Einarsson | 1:05.2 | 1987 | 5 | Johanna Johansson | 1:09.7 | 1996 |
| 6 | Adam Alstermark | 1:06.18 | 2013 | 6 | Malin Andersson | 1:10.6 | 1996 |
| 7 | Ulf Gustavsson | 1:06.2 | 1989 | 7 | Lena Andersson | 1:11.0 | 1979 |
| 8 | Mikael Dahlberg | 1:06.5 | 1977 | 8 | Kia Kilpinen | 1:11.17 | 2010 |
| 8 | Lars Kvarfordh | 1:06.8 | 1972 | 9 | Ulrika Jansson | 1:11.5 | 1986 |
| 10 | Rickard Djupman | 1:06.8 | 1983 | 10 | Maria Tholen | 1:11.6 | 1986 |
| 11 | Mattias Toivonen | 1:06.86 | 2000 | 11 | Anette Olsson | 1:11.9 | 1981 |
| 12 | Henrik Forslund | 1:07.3 | 1999 | 12 | Åsa Puolakainen | 1:12.0 | 1984 |
| 200m Fjärilsim | | | | | | | |
| 1 | Henrik Forslund | 2:23.5 | 1999 | 1 | Emma Karell | 2:23.61 | 2011 |
| 2 | Tomas Einarsson | 2:24.0 | 1987 | 2 | Lena Andersson | 2:31.2 | 1981 |
| 3 | Jonas Eklund | 2:25.38 | 2007 | 3 | Sofie Gardell | 2:31.74 | 2004 |
| 4 | Martin Magnusson | 2:29.05 | 2013 | 4 | Johanna Johansson | 2:37.3 | 1995 |
| 5 | Ulf Gustavsson | 2:29.4 | 1994 | 5 | Tove Magnusson | 2:37.9 | 1985 |
| 6 | Lars Kvarfordh | 2:30.7 | 1972 | 6 | Ulrika Jansson | 2:38.7 | 1986 |
| 7 | Tobias Westholm | 2:31.97 | 2012 | 7 | Åsa Puolakainen | 2:41.2 | 1984 |
| 8 | Jan Andersson | 2:32.3 | 1982 | 8 | Monica Alfredsson | 2:41.26 | 2004 |
| 9 | Anders Törnqvist | 2:38.4 | 1980 | 9 | Anette Olsson | 2:42.7 | 1981 |
| 10 | Torbjörn Nyberg | 2:44.1 | 1987 | 10 | Maria Norberg | 2.44.2 | 1986 |
| 11 | Oscar Elfving | 2:44.58 | 2009 | 11 | Maria Nyberg | 2:44.7 | 1981 |
| 12 | Mikael Dahlberg | 2:45.5 | 1977 | 12 | Johanna Eklund | 2:45.59 | 2000 |
| 100m Medley | | | | | | | |
| 1 | Martin Magnusson | 1:01.67 | 2015 | 1 | Sofie Gardell | 1:07.20 | 2004 |
| 2 | Adam Alstermark | 1:02.75 | 2014 | 2 | Emma Karell | 1:08.69 | 2008 |
| 3 | Jonas Eklund | 1:04.52 | 2007 | 3 | Kia Kilpinen | 1:09.59 | 2011 |
| 4 | Tobias Westholm | 1:05.19 | 2013 | 4 | Stina Gardell | 1:11.71 | 2004 |
| 5 | Adam Karlsson | 1:09.93 | 2015 | 5 | Monica Alfredsson | 1:12.36 | 2005 |
| 6 | Elias Folkesson | 1:10.38 | 2015 | 6 | Johanna Zetterström | 1:13.78 | 2015 |
| 7 | Oscar Elfving | 1:10.69 | 2009 | 7 | Rebecca Rüdén | 1:14.71 | 2012 |
| 8 | Nicklas Granat | 1:10.74 | 2005 | 8 | Fanny Alstermark | 1:14.74 | 2013 |
| 9 | Mattias Toivonen | 1:11.12 | 2000 | 9 | Fanny Reuterswärd | 1:14.75 | 2004 |
| 10 | Johan Levin | 1:11.73 | 2006 | 10 | Tina Lindberg | 1:15.28 | 2006 |
| 11 | Mattias Pers | 1:12.16 | 2007 | 11 | Emma Persson | 1:16.87 | 2011 |
| 12 | Andreas Ericsson | 1:12.78 | 2002 | 12 | Emelie Rudert | 1:16.92 | 2013 |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
| 200m Medley | | | | | | | |
| 1 | Martin Magnusson | 2:14.84 | 2015 | 1 | Emma Karell | 2:23.86 | 2010 |
| 2 | Jonas Eklund | 2:19.74 | 2008 | 2 | Stina Gardell | 2:24.12 | 2004 |
| 3 | Adam Alstermark | 2:20.94 | 2013 | 3 | Sofie Gardell | 2:33.30 | 2003 |
| 4 | Jan Andersson | 2:21.0 | 1982 | 4 | Tove Magnusson | 2:34.3 | 1985 |
| 5 | Lars Kvarfordh | 2:22.6 | 1972 | 5 | Monica Alfredsson | 2:35.03 | 2006 |
| 6 | Ulf Gustavsson | 2:23.0 | 1997 | 6 | Maria Tholen | 2:35.1 | 1985 |
| 7 | Tomas Einarsson | 2:26.3 | 1986 | 7 | Ulrika Jansson | 2:36.7 | 1985 |
| 8 | Mats Nilsson | 2:27.4 | 1980 | 8 | Johanna Johansson | 2:37.2 | 1996 |
| 9 | Rickard Djupman | 2:28.0 | 1983 | 9 | Malin Andersson | 2:37.5 | 1996 |
| 10 | Tobias Westholm | 2:28.37 | 2012 | 10 | Susanne Ackum | 2:38.7 | 1975 |
| 11 | Per Andersson | 2:28.4 | 1979 | 11 | Fanny Reuterswärd | 2:40.39 | 2003 |
| 12 | Patrik Ferngren | 2:29.0 | 1997 | 12 | Lena Andersson | 2:40.4 | 1981 |
| 400m Medley | | | | | | | |
| 1 | Jonas Eklund | 5:01.34 | 2006 | 1 | Emma Karell | 5:09.16 | 2010 |
| 2 | Ulf Gustavsson | 5:07.6 | 1995 | 2 | Stina Gardell | 5:14.39 | 2004 |
| 3 | Martin Magnusson | 5:10.93 | 2013 | 3 | Lena Andersson | 5:32.1 | 1982 |
| 4 | Tomas Einarsson | 5:14.2 | 1985 | 4 | Johanna Johansson | 5:33.2 | 1995 |
| 5 | Anders Törnqvist | 5:15.0 | 1979 | 5 | Ulrika Jansson | 5:33.4 | 1986 |
| 6 | Rickard Djupman | 5:17.5 | 1983 | 6 | Åsa Puolakainen | 5:34.2 | 1984 |
| 7 | Jan Andersson | 5:19.2 | 1981 | 7 | Susanne Ackum | 5:35.4 | 1975 |
| 8 | Lars Kvarfordh | 5:21.5 | 1972 | 8 | Maria Nyberg | 5:39.0 | 1981 |
| 9 | Oscar Elfving | 5:27.08 | 2008 | 9 | Monica Alfredsson | 5:40.08 | 2004 |
| 10 | Mats Nilsson | 5:32.2 | 1979 | 10 | Johanna Zetterström | 5:42.14 | 2015 |
| 11 | Per Andersson | 5:36.2 | 1979 | 11 | Maria Tholen | 5:43.9 | 1985 |
| 12 | Stefan Lindström | 5:36.9 | 1979 | 12 | Fanny Alstermark | 5:47.29 | 2012 |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |